

Recommendations

These 14 recommendations are based on the evaluation of the Connect Hackney research programme which aimed to reduce the social isolation of older people.

1

Consider how local, free (or very low cost), accessible leisure activities designed by and for older people can be integrated into health and wellbeing commissioning plans/strategies.



2

Consider how commissioning plans/strategies can support older people's digital inclusion.



3

Consider how commissioning plans/strategies can resource community organisations working with ethnically minoritised communities.

5



4

Include home visits in the design of system navigation services.



6

Adopt a person-centred approach in the delivery of services working with isolated older people.

Commission service navigation schemes that include provision for people who do not speak English in order to reach communities known to be at high risk of social isolation.

7



Identify, and find ways to overcome, barriers between LBH social prescribing services and voluntary and community sector activities.

8

Identify, and find ways to overcome, barriers to referrals between the LBH learning disabilities service and voluntary and community sector activities.

9

Ensure that social care packages include support for older people with learning disabilities to attend community activities.



10



Use Ageing Better Camden's outreach toolkit to train staff undertaking resident engagement work.

11

Use Ageing Better Camden's warm welcome toolkit to train staff working with older people.



12

Consider how libraries can be used as venues to promote voluntary and community sector projects.



13



Include 'increased social connections' as a default outcome of all commissioned community activities.

14

Embed Connect Hackney learning on how to maximise opportunities for social connections into the design of all commissioned community activities.



All 14 recommendations were accepted by the Hackney Health and Well-being Board in March 2022.